

Cell intrinsic alterations underlie hematopoietic stem cell aging

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Loss of immune function and an increased incidence of myeloid leukemia are two of the most clinically significant consequences of aging of the hematopoietic system. To better understand the mechanisms underlying hematopoietic aging, we evaluated the cell intrinsic functional and molecular properties of highly purified long-term hematopoietic stem cells (LT-HSCs) from young and old mice. We found that LT-HSC aging was accompanied by cell autonomous changes, including increased stem cell self-renewal, differential capacity to generate committed myeloid and lymphoid progenitors, and diminished lymphoid potential. Expression profiling revealed that LT-HSC aging was accompanied by the systemic down-regulation of genes mediating lymphoid specification and function and up-regulation of genes involved in specifying myeloid fate and function. Moreover, LT-HSCs from old mice expressed elevated levels of many genes involved in leukemic transformation. These data support a model in which age-dependent alterations in gene expression at the stem cell level presage downstream developmental potential and thereby contribute to age-dependent immune decline, and perhaps also to the increased incidence of leukemia in the elderly.

leukemia | microarray | ontogeny | lineage potential

Studies from various systems have suggested that the physiologic process of aging is perhaps best characterized as a failure to maintain appropriate tissue homeostasis or to return to a homeostatic condition after exposure to stress or injury, and that homeostatic failure of organs and tissues ultimately underlies age-associated decline. Consistent with this assertion, many of the phenotypes observed in patients with progeroid syndromes, and in the animals that model them, suggest an imbalance between cell loss and cell renewal. Given that homeostasis in adult tissues is largely maintained by tissue-specific stem cells, it has been suggested that age-dependent stem cell dysfunction may play a central role in the aging process (1).

The major sites of hematopoiesis change during murine ontogeny, beginning with the yolk sac [7.5–10 days postcoitum (dpc)], the aorta/gonad/mesonephros (8.5–11 dpc), followed by the fetal liver (10–16 dpc), and finally the bone marrow (BM) (16 dpc-adulthood). Although hematopoietic stem cells (HSCs) function throughout the lifetime of an organism to give rise to all cells of the blood, the phenotypic and functional properties of HSCs change during ontogeny. For example, it is well documented that the repopulating activity and lymphoid potential of fetal liver HSCs exceeds that of BM-derived HSCs (2). Additionally, we have previously demonstrated that during early embryonic T cell development, there is only a narrow time window in which stem cells are capable of producing V γ 3⁺ and V γ 4⁺ T cells (3). In a similar manner, CD5⁺ B1 B cells with V_H11 rearrangements are produced only during fetal development (4). The precise timing of these developmental changes suggests the existence of molecular switches that are tightly regulated during ontogeny.

Advanced age is also accompanied by a variety of changes in the hemolymphoid system including age-dependent deficiencies in T and B lymphocyte production that combine to reduce the compe-

tence of the adaptive immune system in the elderly. The most clinically significant aspect of age-dependent hematopoietic dysfunction, however, is the dramatically increased incidence of leukemias and other hematological diseases that accompany aging. Interestingly, whereas pediatric leukemias predominantly involve lymphoid lineages, the leukemias that manifest in old age are largely myeloid in origin, suggesting that the malignant capacity of different hematopoietic progenitors changes with age. Although the timing of these age-dependent changes is less precise than the developmental changes that take place during early ontogeny, their pervasiveness argues that there may also be an underlying “programmed” component to their genesis (in addition to the stochastic events that certainly contribute to their manifestation). Indeed such components may simply reflect the natural course of developmental processes that extend beyond adolescence into midlife and even old age.

Historically, the impact of aging on primitive hematopoietic cells has been studied by using numerous assays including colony-forming unit-spleen (CFU-S) activity (5), cobblestone area-forming cell (CAFC) activity (9), BM transplantation (6, 7), and serial transplantation (8). These studies, however, often lead to conflicting conclusions with CFU-S and CAFC activities, suggesting considerable age-dependent differences (5, 9), whereas single or serial transplantation experiments of BM suggest that aging had little impact on stem cell function (7, 8). The discrepant conclusions of these studies, however, could be partly caused by differences in mouse strains used, because strain-dependent increases or decreases in primitive hematopoietic cell frequency and function with age have been reported (9).

The advent of techniques permitting the prospective isolation and purification of HSCs (10) prompted a reexamination of the impact of aging on HSCs (2, 11, 12). The most striking observation made in these studies was that aging was accompanied by a steady-state increase in the frequencies of primitive hematopoietic cells (2, 12), a finding that stressed the necessity of using purified stem cells to assay age-dependent functional changes on a per-cell basis. Although some studies have attempted to map age-dependent characteristics to specific chromosomal loci (reviewed in ref. 13), the question of whether or not there is a wider intrinsic molecular program underlying the age-dependent changes of the hematopoietic system remains relatively unexplored.

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Abbreviations: HSC, hematopoietic stem cell; LT-HSC, long-term HSC; BM, bone marrow; CLP, common lymphoid progenitor; KLS, c-kit positive, lineage negative, and Sca-1 positive; CMP, common myeloid progenitor; MEP, megakaryocyte-erythrocyte progenitor; GMP, granulocyte-macrophage progenitor; qRT-PCR, quantitative RT-PCR.

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To further elucidate the cellular and molecular changes underlying HSC aging, we evaluated the intrinsic functional and molecular properties of highly purified HSCs and progenitor cells in young and old mice and generated a genomewide expression profile of aging stem cells by microarray analysis. Our findings suggest that many of the features that underlie aging of the hematopoietic system result directly from intrinsic changes that occur at the level of long-term HSCs.

Materials and Methods

Mice. All young (2–3 months), middle-aged (12 months), and old (22–24 months) mice used in this study were C57BL/6. Old and middle-aged mice were obtained from the National Institute of Aging (Bethesda), and young mice were obtained from the Stanford University Laboratory Animal Facility.

Purification of Cells. Long-term HSCs (LT-HSCs) were isolated by lineage depletion of whole BM using unconjugated antibodies (CD3, CD4, CD5, CD8, IL7R α , B220, Ter119, Gr1, and Mac1) and Dynabeads M-450 beads (Dyna, Oslo). Depleted cells were next c-kit-enriched by using streptavidin-conjugated magnetic beads (Miltenyi, Bergisch Gladbach, Germany) followed by staining with Sca1, c-kit, CD34 (Pharmingen), and flk2 (eBioscience, San Diego). All antibodies were prepared in the Weissman laboratory at Stanford unless otherwise noted. Cells were sorted on FACS Vantage or FACS Aria sorters (Becton Dickinson). For side population analysis, lineage-depleted BM cells were stained with Hoechst 33342 as described (14), followed by cell surface staining. All cells used for functional and microarray evaluations were double-sorted for purity. Cells were maintained on ice when possible through all procedures.

Transplantation Experiments. Competitive reconstitution was performed by using the congenic CD45.1/CD45.2 mouse system as described (2). Evaluations of BM residing progenitors regenerated after transplant were performed as described (15, 27) with the addition of staining against flk2 for common lymphoid progenitors (CLPs). Samples were costained for CD45.2 to reveal their donor origin. All flow cytometry and FACS data were analyzed with FLOWJO software (Treestar, Ashland, OR).

Microarray Analysis and Identification of Age-Regulated Genes. A total of 20,000–30,000 LT-HSCs from young and old mice were double-sorted, with the second sort done directly into Trizol. BM cells from 35–40 mice were used to isolate LT-HSCs for each young sample, and 5–10 mice were used to isolate LT-HSCs for each old sample. RNA was isolated and twice amplified with a RiboAmp RNA amplification kit (Arcturus Engineering, Mountain View, CA). Amplified cRNA was streptavidin-labeled, fragmented, and hybridized to Affymetrix 430–2.0 arrays as recommended by the manufacturer (Affymetrix, Santa Clara). Arrays were scanned with a Gene Chip Scanner 3000 (Affymetrix) running GCOS 1.1.1 software. Scanned data were exported to DCHIP software for normalization. A perfect-match/mismatch (PM/MM) model was used for the calculation of expression values (16). To determine whether transcripts were absent, the sample population was divided into young ($n = 3$) and old ($n = 5$) subgroups, with the criterion for an absent transcript being a majority of absent calls in both subgroups. Probe sets found to be nonexpressed in mouse LT-HSCs were eliminated from further analyses. Of the original 45,101 probe sets screened, 25,788 probe sets were determined to be present. Expression data were analyzed by using statistical analysis of microarray software, with a calculated median false discovery rate of $\approx 10\%$. Heat mapping was done with HEATMAP BUILDER, version 1.0 software. The categorization of genes into lymphoid and myeloid groupings was done by comprehensive evaluation of the relevant literature for all of the age-regulated genes. All array data

are available at the Stanford Microarray Database (<http://genome-www5.stanford.edu>).

Results

The ability of HSCs to permanently reconstitute myeloablated recipients in all blood cell lineages is the most rigorous criteria for evaluating HSC activity. In the mouse, most, if not all, of the long-term reconstituting HSCs reside within the c-kit-positive, lineage-negative, and Sca-1-positive (KLS) fraction of cells in the BM (10, 17). However, KLS cells are heterogeneous with only a small fraction of these cells possessing long-term repopulating ability (18). To isolate a more purified population of long-term reconstituting cells from the KLS population, we used two additional markers, CD34 (18) and flk2 (19, 20), which we and others have shown can be used to isolate HSCs. By FACS we were able to isolate three populations (KLSflk2+CD34+, KLSflk2–CD34+, and KLSflk2–CD34–) from the BM of young (2–3 months of age) and old (22–24 months of age) mice (Fig. 1A). These populations were transplanted into young congenic recipients to determine which were capable of long-term multilineage reconstitution and whether the cell surface phenotype of such cells would change over time. Peripheral blood analysis of transplanted recipients at 4, 12, 20, and 28 weeks posttransplant demonstrated that regardless of donor age, the KLSflk2–CD34+ and KLSflk2+CD34+ populations gave rise only to transient lympho-myeloid reconstitution (Table 1 and Fig. 4, which are published as supporting information on the PNAS web site). This finding is consistent with two recent reports demonstrating that KLSflk2–CD34+ cells are capable only of short-term multilineage reconstitution (21), whereas KLSflk2+CD34+ cells are primarily responsible for lymphoid reconstitution and possess only limited myeloid potential (22). In contrast, all long-term multilineage repopulating activity was found exclusively within the KLSflk2–CD34– population (Table 1). These data establish that BM cells with the surface phenotype of KLSflk2–CD34– are the only cells within the KLS fraction that possess long-term multilineage reconstituting ability (LT-HSC), and that the cell surface phenotype of LT-HSCs as defined by these markers is not altered with age.

Previous studies have reported an age-dependent expansion in steady-state frequencies of HSCs in C57BL/6 strains of mice (2, 12), although the question of whether or not this expansion was a cell intrinsic property of aging HSCs, or a consequence of the aging BM microenvironment, has not been addressed. We therefore examined the BM of young, middle-aged (12 months), and old mice to evaluate the impact of aging on the steady-state frequencies of each of the KLSflk2CD34 populations and found that whereas the frequency of the KLSflk2–CD34+ population did not appreciably change with age, the frequency of the KLSflk2+CD34+ population was significantly diminished in old mice (1.4-fold, $P < 0.015$). In contrast, the frequency of the LT-HSC subset was significantly increased in the BM of aged mice (6.0-fold, $P < 0.001$), whereas middle-aged animals showed an intermediate phenotype, suggesting that these changes progress steadily with age (Fig. 1B). A similar age-dependent increase in HSC frequency was observed when using side population activity (23) as a criterion for isolating HSC (Fig. 5, which is published as supporting information on the PNAS web site). To address whether the changes in stem cell frequencies is a cell autonomous property of aging HSCs, we transplanted whole BM from young and old donors into young congenic recipients and assayed recipient BM for donor-derived stem and progenitor cell frequencies 4 months posttransplant (Fig. 1C). This analysis revealed that whereas the frequency of donor-derived KLSflk2+CD34+ cells was reduced in recipients transplanted with old BM (2.3-fold, $P < 0.04$), the frequency of donor-derived LT-HSCs was significantly increased in recipients transplanted with old BM (1.9-fold, $P < 0.02$). These results demonstrate that the age-dependent expansion of LT-HSCs is a transplantable cell

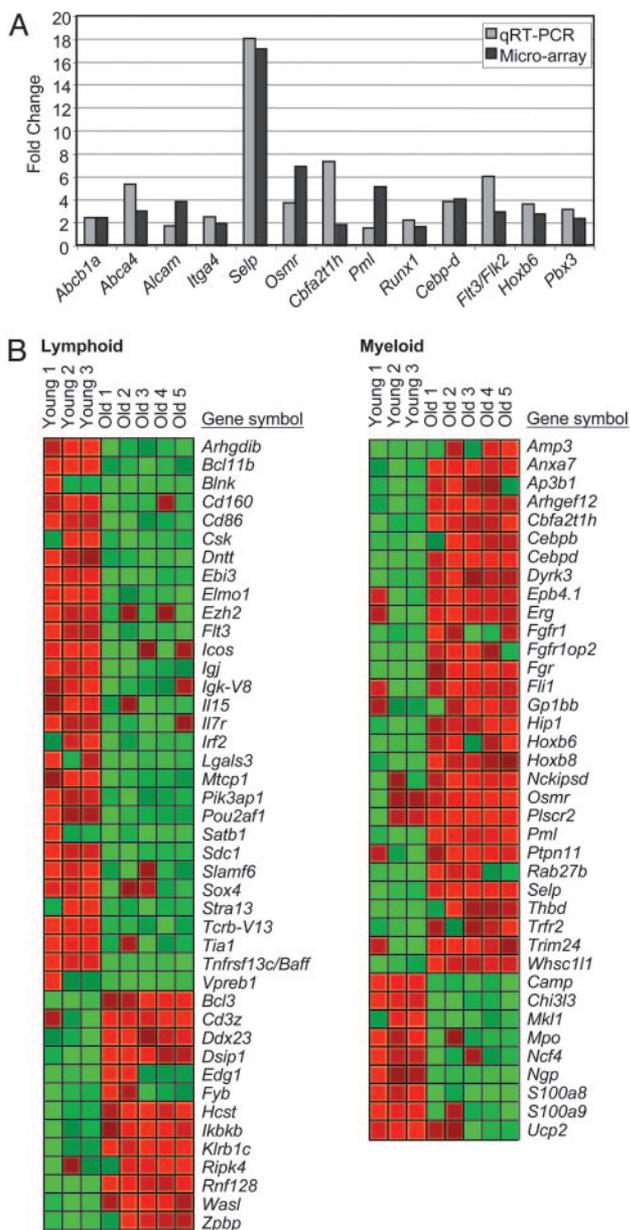


Fig. 3. Down-regulation of lymphoid genes and the up-regulation of myeloid genes in aged LT-HSCs. (A) Validation of microarray data by qRT-PCR. Fold change of expression of several age-regulated genes as determined by qRT-PCR (light gray) and our microarray analysis (dark gray) is shown. qRT-PCR fold change is presented as the average of three independent experiments. (B) Heat map showing the expression of all of the age-regulated genes identified as lymphoid-specific (Left) and myeloid-specific (Right) in aging LT-HSCs. Gene up-regulation in old LT-HSCs is presented in red and gene down-regulation is in green.

that stem cells might represent ideal targets for malignant transformation because they already have the molecular machinery in place for self-renewal. Furthermore, by virtue of their longevity, stem cells have a greater chance than many other cell types of acquiring the succession of mutations and epigenetic changes necessary for transformation (36). In this context, it was remarkable that of the 317 characterized genes up-regulated in aged stem cells, 16 (5.0%) have been implicated in the genesis of various subtypes of human leukemias. Of these, *Runx1/AML1*, *Cbfa2t1h/ETO*, *Pml*, *Nckip5d*, *Arhgef12*, *Trim24*, *Erg*, *Fgfr1*, *Whsc1/1*, *Fgfr1op2*, *Hip1*, *Dab2ip*, and *Fgfr3* are translocated in the majority of human

myeloid leukemias, whereas *Bcl3*, *Pbx1*, and *Maf* are involved primarily in lymphoid leukemias (Table 3). Although it should be emphasized that the products of many of these genes play roles in normal hematopoiesis, including self-renewal, it is tempting to speculate that the increased expression of leukemia-associated genes with old age might facilitate leukemic transformation by rendering these loci more susceptible to translocation, perhaps in a manner similar to the transcription-dependent chromosomal rearrangements that accompany Ig class switching recombination (reviewed in ref. 37).

An examination of the genes identified in our microarray analysis of LT-HSCs revealed expression of numerous genes whose products are known to function in more committed progenitor cells. This finding is consistent with previous studies using expression arrays (38) or single-cell PCR (39, 40) that have suggested that such “promiscuous” transcription of lineage-associated transcripts in stem cells precedes lineage commitment and is required to prime primitive hematopoietic cells for differentiation toward more committed downstream progenitor cells. In light of this notion, it was remarkable that many such lineage-associated genes were differentially expressed in LT-HSCs. These included 43 genes whose products are critical determinants of lymphoid specification and function, the vast majority of which (70%, 30/43) were found to be down-regulated in old LT-HSCs (Fig. 3B). We also observed age-dependent deregulation of 38 genes involved in mediating myeloid specification and function, the majority of which, in striking contrast to the lymphoid genes, were found to be up-regulated in old LT-HSCs (76%, 29/38) (Fig. 3B). These data demonstrate that differential expression of genes governing lineage specification and function is an intrinsic underlying molecular property of LT-HSC aging and strongly suggest that the age-dependent down-regulation of genes mediating lymphoid specification and function and up-regulation of genes mediating myeloid specification and function combine in a concerted program to skew the lineage potential of LT-HSCs from lymphopoiesis toward myelopoiesis with age.

Discussion

Although not widespread, some studies have undertaken global approaches to address the changes in gene expression that accompany aging in mammalian tissues. Such studies have reported that aging is frequently characterized by up-regulation of genes involved in stress responses (31–34), inflammatory responses (31–33), and DNA repair (31, 32), suggestive of an increased need to cope with the accumulation of macromolecular damage that is believed to accompany aging. By virtue of their longevity, it might have been predicted that similar gene expression changes would be observed in an aging stem cell profile. Our analysis of highly purified LT-HSCs does not, however, indicate that such processes are markedly altered as these cells age. The divergence of these aging expression profiles might reflect the fact that although most tissues are comprised of multiple cell types with divergent expression profiles, our experiments using highly purified stem cells were designed to address the age-dependent changes of a single cell type. And because aging is known to be accompanied by changes in the cellular composition of tissues, including age-dependent increases in lymphocytic infiltration, studies measuring the age-dependent gene expression profile of whole tissues are likely to reflect alterations in cellular composition in addition to cell intrinsic age-regulated changes *per se*.

Alternatively, these data may reflect more fundamental differences in the way in which stem cells and differentiated cells and tissues age. For example, one reason LT-HSC aging may not be associated with an up-regulation of genes involved in stress response or DNA repair could reflect the fact that while many tissues are largely comprised of postmitotic cells with high metabolic activities, LT-HSCs are mitotic cells that reside largely in the metabolically inactive G₀ phase of the cell cycle (41). Thus it is conceivable that these cells are exposed to lower levels of damage-inducing meta-

abolic side products and reactive oxygen species than most cell types present in metabolically active tissues, which would abrogate the need to up-regulate cellular stress response pathways. Furthermore, stem cells may be uniquely equipped to handle damage in ways that many differentiated cell types are not. This concept has precedent in stem cell biology and is typified by high levels of expression of many ABC/MDR transporter genes in stem cells, whose products play key physiological roles in cytoprotection. In this regard, it is noteworthy that elevated levels of three ABC transporters, *Abca4*, *Abcb1a*, and *Abcc1*, accompanied LT-HSC aging (Table 3), an observation that contrasts the tissue-associated age-dependent decreases in ABC transporter expression that were reported to accompany aging across species (42). Whether these observations will extend to other adult stem cell populations is an issue of great interest.

Many studies have described the diminished capacity for lymphopoiesis that accompanies aging (reviewed in ref. 25). Although thymic involution, which begins at around the time of puberty, is believed to be the major determinant underlying reductions in T lymphocyte production, the mechanisms leading to age-dependent reductions in B lymphocyte production remain elusive. Studies have suggested that the age-dependent decrease in B cell potential results from changes that occur within the aging BM microenvironment, as a result of defects in committed B lineage progenitor cells, or are caused by an inability of the newly made B cells to migrate to peripheral compartments (reviewed in ref. 25). In this study, we report that the diminished capacity to generate mature peripheral B lymphocytes with age can be traced to the level of the LT-HSC, a finding that is consistent with previous studies (11, 12). Furthermore, our experiments transplanting young LT-HSCs into young or old recipients indicated that although the aging BM microenvironment seemed to adversely impact mature B cell production in the short term, the long-term effects of the aging BM microenvironment on B cell production were not significant.

A recent report demonstrated that CLP cells were significantly decreased in old mice (43). This report raised the possibility of an alternative underlying mechanism for the diminished B cell output distinct from the previously reported age-related deficiencies in cells already committed to a B cell fate (reviewed in ref. 25). By isolating a more purified population of CLPs we confirmed the observations of Miller and Allman (43) that showed that CLP

frequencies were dramatically reduced with age. Additionally, we observed age-dependent decreases in the transiently reconstituting KLSfklk2+ cells, which lie upstream of CLP and have recently been shown to contribute primarily to lymphoid reconstitution while possessing only limited myeloid potential (22). Importantly, the diminished potential to generate both CLPs and KLSfklk2+CD34+ cells was found to be a cell intrinsic property of aging LT-HSCs. In contrast, myeloid progenitors were found at normal (MEP and CMP) or elevated (GMP) frequencies in the steady state of old animals and were generated just as readily by old and young LT-HSCs after transplantation. These findings argue that the changes in lineage potential that accompany aging are caused by intrinsic differences in the capacity of LT-HSCs to give rise to lymphoid and myeloid progenitor cells. Moreover, the striking finding that LT-HSC aging is accompanied by systematic down-regulation of genes mediating lymphoid specification and function, and up-regulation of genes mediating myeloid specification and function, strongly suggests that the changes in lineage potential that accompany hematopoietic aging are underwritten by age-dependent changes in gene expression at the stem cell level.

The cell intrinsic nature of many of the properties of LT-HSC aging including increased self-renewal, altered lineage potential, and differential capacity to generate lymphoid and myeloid progenitors indicates that profound perturbations in homeostatic control underlie LT-HSC aging. These findings are particularly noteworthy in the context of recent studies demonstrating the involvement of HSCs in leukemic development (44), which represents the extreme endpoint of disrupted homeostatic control in the hematopoietic system. Furthermore, the age-dependent up-regulation of the principal protooncogenes in myeloid leukemogenesis, combined with the increased propensity of aged LT-HSCs to commit toward myeloid lineages, provides a cellular and molecular rationale for the increased incidence of myeloid leukemias in the elderly.

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